### 船員健康證明 SEAFARER'S MEDICAL CERTIFICATE

茲證明持證人按照經修正的《1978 年海員培訓、發證和值班標準國際公約》規則 I/9 的規定和《2006 年海事勞工公約》規則 1.2 的相關規定體檢合格,但受載明限制的制約。This is to certify that the lawful holder has been found duly qualified in accordance with the provisions of regulation I/9 of the International Convention on Standards of Training, Certification and Watchkeeping for Seafarers, 1978, as amended and the provisions of Regulation 1.2 of Maritime Labour Convention, 2006, subject to any limitations or restrictions indicated.

Labo	our Convention, 2006, subject to any limit	tations or restrictions indicated.						
姓名	Seafarer's Name :(Last, first, middle)	性別 Gender:	貼相片	1處				
		(男 Male/女 Female)						
出生日期 Date of Birth: (Day/month/year)   國籍 Nationality:				最近二年內1吋脫				
面至日期 Date of Birtin. (Day/Infolitil/year)								
出生	地 Place of Birth:							
醫師	認可聲明 Declaration of the recognized	medical practitioner:						
				YES	NO			
1	身份證明文件在健康檢查時是否經過	核實? Confirmation that						
	Identification documents were checked	at the point of examination?						
2	聽力是否達到標準?Hearing meets th	e standards?						
3	裸耳聽力是否符合要求?Unaided hearing satisfactory?							
4	視力是否達到標準? Visual acuity meets the standards?							
5	色覺是否符合標準?Colour vision meets the standards?							
	上次色覺測試日期 Date of last colour vision test:							
6	適合執行瞭望任務嗎?Fit for look-out duty?							
7	船員是否不存在下列身體狀況:由於海上服務而使健康惡化,或可能使船							
	員不適合該服務,或使其他船上人員的健康受到危害 Is the seafarer free							
	from any medical condition likely to be aggravated by service at sea or to							
	render the seafarer unfit for such service or endanger the health of other							
	persons on board?							
8	對職責有無限制嗎?Any limitations or restrictions on fitness?							
	如果"有",具體說明何種限制 If "Y" specify limitations or restrictions.							
9	體檢日期 Date of examination: (day/month/year)							
10	證書有效期限:Expiry of certificate: (day/month/year):							
自體檢之日起最多兩年,除非海員未滿 18 歲 Maximum two years from date of examination unless the seafarer is under the age of 18								
	□合格 Fit for duty	□不合格 Unfit for do	uty					
日期 Date: 體檢醫師簽名 Signature of Authorised 簽發機構印章:Issuing Authority (Seal)								
	Medical Practitioner							
我已	被告知證書的內容和審查的權利。Iha	ave been informed of the content	of the c	ertifica	te and			
of th	e right to a review.							

船員簽名 Signature of Seafarer:

## 船員體格(健康)檢查證明書

## MEDICAL CERTIFICATE OF SEAFARER

一、基本資料									
姓名 Name: 性別 C	ender : [	□男 N	fale □女 Female 身分證 Id Card:						
出生年月日 Date of birth:	年齢	Age	:	_ 國籍 Nationality:					
住址 Address:									
現職 Occupation: □航行員 Nav. □輪機員 Eng. □值機員 GMDSS									
□乙級船員 crew(□當值 Watch □非當值 Non-watch)									
一、佃儿設吅									
二、個人聲明 (中醫療人員提供協助)	Seafarer's	s perso	onal declaration(Assistance should be offere	d by me	dical				
staff)		- F		J					
你是否曾有以下的情況 Have you ever	r had any	of the	following conditions?:						
情況 Condition	是/YES	否/NC	情況 Condition	況 Condition 是/YES否/No					
1. 眼睛/視力問題 Eye/vision problem			18.睡眠問題 Sleep problem						
2. 高血壓 High blood pressure			19. 吸煙、飲酒或吸毒嗎 Do you smoke, use alcohol or drugs?						
3. 心臟/血管疾病 Heart/vascular disease			20. 手術/外科手術 Operation/surgery						
4. 心臟手術 Heart surgery			21.癲癇/抽搐 Epilepsy/seizures						
5. 静脈曲張 Varicose veins/piles			22. 頭暈/昏厥 Dizziness/fainting						
6. 氣喘/支氣管炎 Asthma/bronchitis			23. 意識喪失 Loss of consciousness						
7. 血液疾病 Blood disorder			24.精神問題 Psychiatric problems						
8. 肥胖 Diabetes			25.沮喪 Depression						
9. 甲狀腺問題 Thyroid problem			26. 自殺未遂 Attempted suicide						
10.消化疾病 Digestive disorder			27.失去記憶 Loss of memory						
11.腎臟問題 Kidney problem			28. 平衡問題 Balance problem						
12.皮膚問題 Skin problem			29. 嚴重頭痛 Severe headaches						
13.過敏 Allergies			30. 耳(聽覺/耳鳴)/鼻/喉問題 Ear (hearing	, 🗆					
			tinnitus)/nose/throat problem						
14.傳染病/傳染性疾病 Infectious/contagious diseases	; <u></u>		31.行動不便 Restricted mobility						
15.疝氣 Hernia			32. 背部或關節問題 Back or joint problem	ı 🗌					
16.生殖器疾病 Genital disorder			33. 截肢 Amputation						
17.懷孕 Pregnancy			34. 骨折/脫白 Fractures/dislocations						
如果對上述任何回答是"是",請詳述。If	vou ansv	vered "	ves" to any of the above questions, please g	rive					

details:

# 三、附加問題 Additional questions

附加	p問題 Additional questions	是 /YES	否 /NO
35	你是否曾經因病被解僱或遺返?Have you ever been signed off as sick or repatriated from a ship?		
36	你是否曾經住院?Have you ever been hospitalized?		
37	您是否曾被告知不適合海上職務? Have you ever been declared unfit for sea duty?		
38	您的醫療證明是否曾經被限制或撤銷過?Has your medical certificate even been restricted or revoked?		
39	您是否知道自己有任何健康問題、病症或疾病?Are you aware that you have any medical problems, diseases or illnesses?		
40	您是否感覺健康並適合履行指定的職位/工作的職責?Do you feel healthy and fit to perform		
	the duties of your designated position/occupation?		
41	你是否對藥物過敏? Are you allergic to any medication?		
42	您是否正在服用任何非處方藥或處方藥? Are you taking any non-prescription or		
	prescription medications?		
	如果有,請列出服用藥品、目的和劑量 If yes, please list the medications taken, and the		
	purpose(s) and dosage(s)		
	證明以上個人聲明是真實的 I hereby certify that the personal declaration above is a true statement nowledge.。	to the bo	est of
船員	簽名 Signature of <b>seafarer</b> :		
日期	(日/月/年) Date (day/month/year): :		

### 四、體格檢查 Medical examinations

檢測類別					佰日						
體位	項目 身高 體 重 Height Weight										
Body position 耳 Ear	Height 聽力 左 Hearing L □正常 Normal □異常 Abnormal		聽力 Heari □正	右	1		ذ	疾 eases 正常 Normal 異常 Abnorma	ıl		
眼 Eyes	視力 Visual Acuity □正常 Normal □異常 Abnormal	裸眼視力 Unaided Vis <b>Acuity</b> fal		矯正		視力 sual Acuity  右     雨眼合併     RT Combined		疾 eases E.常 Normal 異常 normal	色覺 Color vision □正常 Normal □異常 Abnormal		
鼻 Nose □正常 Norma □異常 Abnorm	l nal	咽 喉 Throat □正常 Normal □異常 Abnorma						齒 Teeth □正常 Normal □異常 Abnormal			
心臟 Heart	脈搏 <b>Pulse</b> □正常 Normal □異常 Abnormal	雜音 Mu □正常 I □異常 A		節律 Rhythm □正常 Normal □異常 Abnormal			血壓 Blood pressure □正常 Normal □異常 Abnormal				
Lung □正常 Normal □正常			nchi,W Normal Abnorm			hing 常 Normal 常 Abnormal		胸部 X 光片 Chest X-Ray □正常 Normal □異常 Abnormal			
腹部 Abdomen	牌 Spleen □正常 Normal □異常 Abnormal			盲腸 Appendix □正常 Normal □異常 Abnormal			疝氣 Hernia □正常 Normal □異常 Abnormal				
脊柱及四肢 Spine & □正常 Normal Extremities □異常Abnormal			骨膜 Periosteum □正常 Normal □異常 Abnormal			關節 Joint □正常 Normal □異常 Abnormal					
其他部位 Other				神經系統 Neural system □正常 Normal □異常 Abnormal							
血液檢查 Blood 白血球 W.B.C □正常 Normal □異常 Abnormal			紅血球 R.B.C □正常 Normal □異常 Abnormal				ز 🗌 ا	血色素 Hgb □正常 Normal □異常 Abnormal			
尿液檢查     Urine											
法定傳染病 Statutory Infectious Diseases  梅毒血清反應 V.D.R.L □正常 Normal □異常 Abnormal											
體檢結果: □合格 Fit for duty □不合格 Unfit for duty  (不合格者請註明患有檢查標準某項某款樣態名稱)  (本合格者請註明患有檢查標準某項某款樣態名稱)  (本述印信)  (Endorsed)											
日期:中華民國 年 月 日 (西元 A.D.: day/ month / year)											
體檢醫師(簽名或蓋章): Doctors Signature											
It is certified that Mr./Ms. has been examined to the ROC medical and visual standards laid down pursuant to the "Maritime Labour Convention, 2006 (MLC 2006)" and "International Convention on Standards of Training, Certification and Watchkeeping for seafarers, 1978, as amended", by the medical practitioner of public hospital and found fit for his/her position on board ship.											
船員簽名:											
Seafarer's signat	ture										

#### 注意事項及檢查標準詳見如背面

#### 一、注意事項:

- (一) 醫師注意事項:
- 1.體檢醫師請注意檢查標準。
- 2.體檢醫師核對身分證及相片無訛後,依本表所列各項目詳細檢驗,逐一記載,並請於體檢結果欄內註明 「正常」或「異常」其異常者,請註明該受檢驗人患有檢查標準某項某款疾病名稱。
- 3.體檢完竣後,由體檢醫師簽名或蓋章,填寫年月日,加蓋體檢醫師印信。
- (二) 受體檢船員注意事項:
- 1.船員申請體檢應出示身分證。
- 2.船員經體檢而被拒絕發給合格證明者得重新申請與船東、船東團體或船員團體均無關係,但為主管機關認可之醫師再度檢驗。
- (三)體格檢查證明書自發給之日起,有效期間為二年。但船員年齡未滿十八歲之體格檢查證明書有效期間為一年。船員持有之體格檢查證明書在航行中到期或最近過期且遇有緊急情況,得允許該船員工作至其可從合格醫師處取得體格檢查證明書之下一停靠港,其期間不得超過三個月。 二、船員體格檢查要項
- (一)船員體格或健康檢查經發現有下列情形之一,認定不能勝任工作者:
- 1.患有傳染病防治法所定傳染病尚未痊癒。
- 2.航行員必須具有正常的顏色感知能力,能夠區分紅、綠、藍、黃顏色,輪機員和值機員(電信人員)申請 人必須能夠感知紅色、黃色和綠色。但事務部門或旅客部門人員,不在此限。
- 3.有客觀事實足認適應工作環境困難。
- (二)船員經發現有下列情形之一者,視力檢查為不合格:
- 1.擔任當值工作之航行員及乙級船員其視力以史奈倫視力表(snellen chart)測驗或同等效力測試,任一眼矯 正視力未達○・五。
- 2.擔任當值工作之輪機員及乙級船員其視力以史奈倫視力表(snellen chart)測驗或同等效力測試,任一眼矯正視力未達○·四及雨眼合併矯正視力未達○·四。
- 3.非擔任當值工作之乙級船員,其視力以史奈倫視力表(snellen chart)測驗或同等效力測試,任一眼矯正視力未達○·四及兩眼合併矯正視力未達○·四。
- 4. 航行員、輪機員、電信人員及參加航行當值之乙級船員,有色盲或夜盲。
- (三) 電信人員之聽力,須在離開三十公分兩耳均能聽到碼錶秒時音。
- 三、其他:本表辦理之體格檢查及健康檢查,應由中央衛生福利主管機關衛生福利部醫院評鑑優等以上、 醫院評鑑合格之醫學中心或區域醫院、醫院評鑑及教學醫院評鑑合格之全民健康保險特約醫院為之。

#### 1.Notes:

- (1)Note to doctors:
- a.Doctors are requested to pay attention to examination criteria.
- b. After checking that there is no discrepancy between the patient's ID and photograph, doctors should carry out a thorough inspection of all the items in this list and make a record of each. Doctors are also requested to write 'Normal' or 'Abnormal' in the results column, and to record what illnesses precluded the crewman from passing the examination.
- c.Upon completion of the examination, the doctor should provide his/her signature and seal, and fill out the date. The doctor's credentials should also be stamped.
- (2)Notes for seafarers undergoing examinations:
- a.Seafarers should present their ID at the examination.
- b.Reapplication by seafarers who fail the medical examination bears no relation to the shipowner, shipowner's groups or seafarers' groups. However, the repeat examination must be conducted by a doctor authorized by the supervisory authorities.
- (3)The medical certificate is effective from the date of examination and valid for 2 years. However, the medical certificate of seafarers less than 18 years old is effective from the date of examination and valid for 1 year. In cases where the medical certificate of a seafarer expires in the course of a voyage, or will expire in the near future and in urgent cases, the seafarer may be permitted to work on board without a valid certificate until the next port of call where the seafarer can obtain a certificate from a qualified medical practitioner, provided that the period of such permission does not exceed 3 months.
- 2. Key points for seafarers undergoing the medical examination:
- (1)The seafarers having one of the following situations will fail in the medical or health examination.
- a.Suffering from an infectious disease specified in the Communicable Disease Control Act, and who have not undergone treatment for this disease.
- b. Navigation officer applicants must also have normal color perception and be capable of distinguishing the colors red, green, blue and yellow. Engineer and radio officer applicants must also be able to perceive the colors red, yellow and green; although this does not apply to the general affairs or a passenger department personnel.
- c. There are objective facts enough to recognize that the physical and mental conditions that are difficult to adapt to the work environment. (2) Seafarer's eyesight criteria:
- a. The aided visual acuity of the officers in charge of a navigational watch and ratings forming part of a navigational watch, according to eye chart test, less than 0.5 in either eye qualify as a 'fail'.
- b. The aided visual acuity of the officers in charge of an engineering watch and ratings forming part of an engineering watch, according to eye chart test, less than 0.4 in either eye and less than 0.4 combined eyesight vision qualify as a 'fail'.
- c.The aided visual acuity of the ratings not forming part of a watch, according to eye chart test, less than 0.4 in either eye and less than 0.4 combined eyesight vision qualify as a 'fail'.
- d. The officers, radio operators and ratings of a navigational watch who suffer from color blindness qualify as a 'fail'.
- (3)Radio operators unable to hear the second hand ticking on a chronograph at a distance of 30cm in either ear qualify as a 'fail'.
- 3.Others: The medical examination and check-ups referred to within these regulations are required to be carried out by the Public hospitals or hospitals that have passed the accreditation of teaching hospitals by the Ministry of Health and Welfare.

